

Lamont
Pridmore

A guide to **Understanding the Employment Rights Act**



The Employment Rights Act is introducing a significant overhaul of workers' rights, which has started to take effect in 2026.

As such, it is imperative that all businesses that hire employees become familiar with the contents of the Act and begin updating their policies and procedures accordingly.

Our expert team is on hand to help you manage your new obligations in accordance with the Act so that you are not caught out when the time comes.

We have also put together this helpful guide that breaks down each section of the Employment Rights Act and highlights how you can stay compliant.



An end to zero-hours contracts

In an attempt to create a more secure working environment for workers, the Employment Rights Act is set to tackle what is known as one-sided flexibility.

This is when employers hold the power to alter the working hours of an employee with little or notice.

The embodiment of this imbalance is zero-hours contracts. Long viewed by many workers' rights advocates as a way of employers keeping employment costs down by leaving workers uncertain, exploitative zero-hours contracts will be ended.

It is no longer possible to keep an employee on zero-hour contracts indefinitely, as they will need to be offered a fixed-hour contract following a reference period.

Later legislation will determine the exact span for the reference period, but it is currently 12 weeks.

This is also being paired with the need for employers to provide reasonable notice of any changes to shifts for zero-hours workers.

The notice will need to include:

- The date of the shift
- The start and end time of the shift
- The number of hours to be worked

Employers will need to give a week's notice before they change an employee's shift.

If shifts are changed or cancelled on short notice, it will be necessary for employers to compensate the worker.

While the compensation will not be expected to exceed the amount that would have been earned had the shift taken place, it will still be a notable expense for an employer to bear. This is particularly the case if the reason for the cancellation was a downturn in businesses or a cancelled booking.

How do businesses adapt to losing zero-hour contract flexibility?

Operational costs are a challenging burden for many businesses and employee expenses can play a part in that.

Losing the flexibility afforded by zero-hour contracts means that businesses may now have to shoulder more costs than previously.

It will be necessary to budget effectively as shouldering additional costs will be a common refrain throughout the implementation of the Employment Rights Act.

Effectively, the biggest change will be with regards to better planning. It is still possible to alter shifts when essential, but that will soon carry a cost.

The cost is likely to be cheaper than letting someone work a shift unnecessarily but determining how best to handle that situation is vital for maintaining rapport and staying compliant.

Agency workers are also afforded the same rights, so this cannot be used to circumvent the changes.



Protection from unfair dismissal

Originally slated to be part of the bundle of day one rights that the Employment Rights Act is set to introduce, employees will now be protected from unfair dismissal after six months of continuous employment.

This means that, while there is not technically a formal probationary period introduced by the Act, employers should view the first few months as a critical time when employee suitability is accurately assessed.

Traditionally, it has been possible to extend probation periods as required beyond six months given that there was previously a two-year buffer.

It may be necessary to do a strict midpoint probationary review at three months into the employment, where the current performance is assessed.

Try to engage with the employee as best as possible at this juncture and let them know how they can change their approach to work if it is looking like they are struggling to fit the role.

As the protection for unfair dismissal does not take effect until six months, employers should decide whether to hire the new starter at five months.

Letting the probation spill out beyond this runs the risk of crossing the threshold and losing the ability to terminate employment without fear of reproach.

In a similar vein, it will no longer be possible to engage in fire and rehire practices.

If changes to contracts cannot be agreed upon and the employee is dismissed as a result, this will count as an unfair firing and you could face consequences as a result.

Expansion of day one rights

Rather than having a range of qualifying periods that can make it challenging to keep track of which employees are entitled to which rights and protections, the Employment Rights Act make most rights applicable from day one.

The notable exception to this is the protection from unfair dismissal, which is detailed in the previous section.

This means that the rights that are applicable from day one will be:

- Right to request flexible working
- Parental leave
- Paternity leave
- Bereavement leave





Parental/Paternity leave

This move sees expectant parents protected as soon as they begin employment, although maternity and paternity pay are not currently set to be revised.



Bereavement leave

This is be applicable based on the following:

- Employees can take one week's bereavement leave for the death of an eligible relative
- Leave must be taken within 56 days of the death
- If multiple bereavements occur, employees will be entitled to separate leave for each loss

Close relatives will be considered eligible, while those more distant may fall outside of the scope.



Flexible working

It will only be possible for employers to reject requests for flexible working if the employer believes that there are specified business grounds for doing so and if it is reasonable for the employer to refuse the request on that basis.

The best way to tackle this change is to be transparent during recruitment about the extent to which flexible working is permissible and ensure it is codified in contracts.

Fair pay protections and enhanced worker wellbeing

The Employment Rights Act also seeks to tackle issues with fair pay that are still prevalent in many workplaces.

Chief among these is the reform to Statutory Sick Pay (SSP). SSP is now payable for the first day of sickness and the lower earnings limit has been removed.

There is an increased need for employers to review their pay practices to ensure they are not contributing to the Gender Pay Gap.

This should be part of broader measures to tackle gender inequality through measures like menopause support.

Alongside this, better protections against sexual harassment must be implemented.

It is hoped that this will see a reduction in the number of businesses that are content to place their staff in front of a training video and consider the matter resolved.



Instead, employers need to take all reasonable steps to prevent sexual harassment and establish protections for whistleblowers who notice problems.

Combatting sexual harassment also includes preventing it at any work-related event, such as a party or conference, and will also need to protect employees from harassment by third parties.

Establishment of the Fair Work Agency

In order to better streamline the implementation of workers' rights and hold businesses accountable, a new Fair Work Agency (FWA) will be established.

The FWA seeks to specifically work to enforce:

- Domestic agency rules
- The National Minimum Wage
- Licensing of gangmasters
- Action against serious labour exploitation

As a business, it is important to understand that much of the compliance oversight will be handled by the FWA going forward.

We will seek to support you in understanding the role of the FWA, but do not be surprised if you begin to receive correspondence from them on occasion.

If a worker does seek to take you to the employment tribunal, they will likely do so through the FWA.

This will be aided by the FWA loosening the deadline for tribunal claims from three months to six months.

Knowing your rights and responsibilities should make tribunal cases rare and defensible as we can help you show that you adhered to regulations.

Expansion of trade union access

Given its history as the party of trade unions, it is little wonder that the Labour Government are overseeing an Act that gives unions more power.

The new Act sees the Strikes (Minimum Service Levels) Act 2023 repealed meaning that workers have a greater ability to take strike action when dissatisfied in the work place.

This is coupled with granting trade unions a greater right to access the workplace including providing for digital access.

If your workplace currently does not have a trade union presence, this may change in the near future.

As further legal rights and protections are granted to trade union representatives, you can expect to see them making more of a concerted effort to establish a presence in the work place.

You may also be made to make employees aware of their right to join a trade union and this may happen in tandem with the trade unions making themselves known to your workers.

You cannot block employee access to trade unions and may need additional support in managing the impact that unions have in your workplace.

This is where seeking professional legal support can be vital, as you can determine the scope of the powers that unions have and ensure they do not overstep their boundaries.

As unions are likely to empower employees to be more forthcoming with strike action and tribunal cases, you should also familiarise yourself with best practice for managing these eventualities so you can preserve your reputation at all times.



What are the key dates for the Employment Rights Act?

The Government is working to implement different aspects across three periods of time.

April 2026 saw:

- Day one paternity leave and unpaid parental leave rights
- Whistleblowing protections
- SSP reforms
- Voluntary creation of gender pay gap and menopause action plans
- The FWA established
- Simplification of the trade union recognition process

October 2026 will see:

- Ban on fire and rehire
- Requirement for all reasonable steps to be taken to prevent sexual harassment
- Protection from sexual harassment by third parties
- Duty to inform workers of their right to join a trade union
- Strengthening of trade unions' rights of access

2027 will see:

- Unfair dismissal protection after six months
- Mandatory gender pay gap and menopause action plans
- Zero-hours contract reforms

What does the future hold for employment rights?

With the Employment Rights Act now proceeding, the changes it introduces will need to be managed immediately.

Even the changes that are not due to take effect until 2027 will need careful planning to ensure that your business can handle any additional administrative or financial burdens.

We can help you understand your rights and responsibilities so that you know what needs to change and the steps you can take to stay compliant.

Speak to our expert team to discover more about the impact of the Employment Rights Act on your role as an employer.



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